

# Paws4Fun Agility Welcomes 2 days with Chris Zink



**When:** Sat May 11th and Sun May 12th 2019

**Where :** 22 Ryan St Spencerville, Drummond Building

**Cost: Working Spot:** 2 days with a dog

Paws4Fun member \$225 Nonmembers \$275

**Auditors:** 2 days no dog

Paws4Fun members \$175 Nonmmbers \$200

1 day no dog

Paws4Fun member \$125 Nonmembers \$150

**Lunch:** Available for \$8/day payable with registration



Chris Zink is a specialist in canine sports medicine and rehabilitation with additional certifications in canine rehabilitation, acupuncture and chiropractic. She is the award-winning author/editor of numerous books and other media on canine sports medicine and rehabilitation. Dr. Zink helped establish the American College of Veterinary Sports Medicine and Rehabilitation as one of the newest specialties in veterinary medicine. Dr. Zink teaches canine sports medicine and rehabilitation to veterinarians, physical therapists, veterinary nurses and dog trainers throughout the world. She was named Outstanding Woman Veterinarian of the Year by the Association for Women Veterinarians Foundation in 2009. As a canine sports competitor, Dr. Zink has put over 100 titles in agility, obedience, rally, conformation, tracking, hunt tests, barn hunts, nosework, and lure coursing on dogs from the sporting, hound, working, terrier and herding groups.

Registration first come first served.

Payment either by cheque to Paws4Fun agility at 53-2640 Draper Ave Ottawa, ON K2H 8V3 or by etransfer (preferred method) to [treasurer@paws4funagility.ca](mailto:treasurer@paws4funagility.ca) Use the question "Where is Chris Zink coming?" and password "paws4fun" or Paypal at the above website under the events tab



## **What Can you Expect to Learn?**

### **Day 1 Morning**

Lecture-Beyond Conformation-Canine Structure and it's importance for performance

-Conformation Myths

\*Effects of spaying/neutering on structure and health

\*Understanding your dog's physical advantages and disadvantages for performance

\*How to evaluate your own dog's structure

\*Dewclaws and tails, their use in performance

\*How you can use your dog's structure to maximize performance

\*How to pick a performance puppy

### **Working with Dogs**

\*Dogs' structure will be evaluated in a group setting with the assistance of Chris Zink

### **Day 1 Afternoon**

#### 1. Locomotion

-Gaits (walk, trot, gallop, cantor)-what they look like and how they are used in performance

\*How dog gaits differ from horse gaits

\*Pacing, crabbing, why they are not ideal gaits and how to retrain

\*How to train your dog to gait on cue so as to improve performance and reduce risk of injuries

\*The use of ground poles for whole body conditioning

### **Working with Dogs**

\*A selection of dogs will have their gait evaluated so that everyone can see a variety of gaits.

\*One or two dogs will be used to demonstrate how to train/retrain dogs how to gait at a trot and how to trot poles for conditioning

#### 2. Conditioning the Canine Athlete for Injury Prevention

\*The 5 components of a conditioning program for the canine athlete

\*Appropriate ages to begin strength and conditioning exercises

\*Strength exercises that target specific areas of the body

\*How to modify, intensify, frequency, duration during the week and season

\*Conditioning for specific muscle groups

### **Working with Dogs**

\*All dogs will practice a selection of exercises for flexibility and strengthening of the front, core and rear

## **Day 2 Morning**

### **Working with Dogs (continued from day 1)**

\*All dogs will practice a selection of exercises for flexibility and strengthening of the front core and rear

Lecture-Tips and Tricks for Early Detection of Injury

\*The importance of early recognition of injuries

\*Common causes of injuries

\*How to use simple observation tools and training sequences to test your dog's musculoskeletal health

\*The most common injuries in canine athletes and what to do about them

\*Abundant videos will be shown in slow motion to demonstrate changes in performance that might indicate that the dog is experiencing pain or discomfort

## **Day 2 Afternoon**

### **Biomechanics of Jumping**

\*Training jumping from puppies to adults

\*Lead legs-what they are, why they are important and how to train your dog to use them appropriately

\*Jumping problems-what causes them and how to fix them

### **Working with Dogs**

\*All dogs (from 8 weeks to advanced jumpers ) will be used at their own level to demonstrate some of the principles of jumping training

\*Time permitting there will be a discussion of jumping problems and solutions

Registration for Chris Zink

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Dog's name: \_\_\_\_\_ Breed: \_\_\_\_\_

Age: \_\_\_\_\_

Payment: Payment in full is required with registration. \$100 is non-refundable before May 1. There is no refunds after May 1st.

2 days with a dog members \$225 \_\_\_\_\_

non-members \$275 \_\_\_\_\_

Auditor 1 day member \$125 \_\_\_\_\_

non-member \$150 \_\_\_\_\_

2 days member \$175 \_\_\_\_\_

non-member \_\_\_\_\_

Lunch 1 day \$8 \_\_\_\_\_

2 days \$16 \_\_\_\_\_

Total \_\_\_\_\_

Amount paid with this form \_\_\_\_\_ by cheque \_\_\_\_\_ etransfer \_\_\_\_\_ paypal \_\_\_\_\_

Dr Zink also does individual assessments of individual dogs. If we added this it would be on Monday the 13th and could cost as much as \$300+ but she would do a max of 10 dogs for the day.

Would you be interested if we added this to the program? Yes \_\_\_\_\_ No \_\_\_\_\_